



"Distribution of consecrated bread", from the electronic facsimile of the [Theodore Psalter](#).

# TABLE TALK

TRINITY COMMUNION CHURCH  
Unifying Christ's Church Around His Table

July/August 2004

## TRULY WE'RE ON AN EXCITING ADVENTURE!

God is blessing us so wonderfully! We now have a new home (see page two for details) and it's just right for us. Please take some time to thank God for this great blessing.

Think about it; God has formed Trinity Communion Church (TCC) to become part of His move to reunite His Church, and look at what He gives us – a shared home with our Catholic brothers and sisters! This is so very right isn't it?

If someone were to ask you to describe TCC what would you say?

We're the community of the Cross; the cardinal virtue of our community is defined by the Cross i.e., self-denying love. That's who we are: the community of the cross.

And what are we about?

To draw more and more people into this community to experience Christ's love in palpable ways!

How are we doing this?

By being like Christ! By living lives of self-denying love and in so doing to draw more and more people to us so that we can then "disciple" them. Remember

Jesus said, "GO AND MAKE DISCIPLES." (Matt 28:19) and that's what we're about!

What's at the center of our Community? Christ and His Table: The living Word and the Eucharist. Jesus Christ is calling His body the Church around His Table (Rev. 3:20).

We at TCC are drawing Christ's body together around His Table.

Let's get busy – shall we!

*Fr. Robert Dalgleish*

## MEN'S RETREAT

Bishop Bate's Cathedral Church of the Intercessor is holding another Men's Retreat September 24-26, 2004.

Dave DuMont will lead the TCC men on this wonderful getaway to Mount Saint Alphonsus Retreat Center in Esopus, NY.

For a description of the center, go to:

<http://msaretreat.org/>

If you'd like to attend, please fill out the registration form in the middle of this newsletter and return it to Dave DuMont.

## THURSDAY SERVICES BEGIN

We are expanding our church services to include Communion services every Thursday morning at 7:00, beginning September 16.

Also starting in September will be TCC's monthly Day of Prayer, on the last Thursday of the month. On each Day of Prayer, the sanctuary will be open from 7:00AM to 7:00PM

with Communion services at 7:00AM, 12:00PM, and 5:30PM.

Please join us for these additional opportunities to be blessed by the Holy Eucharist, and to offer up intentional prayer for our church, our community, and our world.



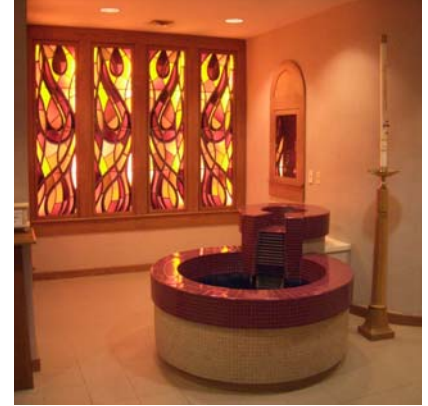
## TCC CELEBRATES OUR NEW LOCATION

In July, TCC began holding Sunday services at the Harold Coleman Memorial Chapel at St. John Fisher College.

Our Sunday service in the new location begins at 8:30AM, and includes spirit-filled praise music, insight into God's word, an entertaining Children's Moment, and celebration of the Eucharist.



The chapel provides a reverent, contemporary setting, with cool stone at the front of the sanctuary, and Pentecostal fire shining from stained glass windows in the rear.



If you have not yet seen this lovely chapel, please join us soon to share our joy and thanksgiving.

## MINISTERING TO OUR YOUNG PEOPLE

### Youth Group Expands

"Tweens" and teens are in particular need of spiritual mentoring. Peer pressure and a deep internal urge to fit in makes young people particularly vulnerable to temptation. Working to combat these pressures as kids enter into this troublesome period goes a long way toward warding off problems. Because of this need, and given the mix of young people at TCC, we are revising our Youth Group approach. Dennis Russell will continue ministering to the high school kids, offering periodic special events rather than weekly meetings. To supplement this ministry, we are creating a new group for middle schoolers. Jim and Cheryl Orefice have a special desire to work with kids at

this stage of life, and will work with Dennis to lead the group during Friday Night Alive sessions. The new Tween Group promises to be a place of learning, fun, and spiritual growth.

### Sunday School

Exciting things are also happening with Sunday School.

The Children's Moment continues to be a part of the service that young and old enjoy, after which the children exit the sanctuary to go to the nursery or to a classroom adjacent to the sanctuary, depending on their age.

Please remind your youngsters to stay within the areas of the building designated for TCC's use. We don't want any children

to get lost or end up in some difficulty by being where they shouldn't.

Sunday School coordinators Chase Miller and Sue Herbert have been working on curriculum, and will hold a meeting after the service on August 29 to discuss how parents can reinforce the lesson throughout the week.

### FNA

TCC has been blessed with the assistance of a husband and wife couple, both teachers, who will be working with our children during FNA School of Leaders sessions. The youngest kids will be in a nursery setting, middle school kids will participate in the new Tween Group, and grades K-5 (Kids Klub) will work with Dave and Beth Boven. We look



*"...for the kingdom of heaven belongs to such as these."*

Mat. 19:14

forward to great learning for all ages!

We are blessed to have such enthusiastic and loving caregivers for our children. Please keep all of these volunteers in your prayers.

# FNA SUMMERTIME FUN!

Friday Night Alive (FNA) fellowship and discipleship events take a fun turn for the summer. We meet every other Friday night at the home of various gracious hosts.

The pictures here show what you missed if you weren't at the Miller's in July.



Who IS that mystery man???

### FNA schedule for the remainder of the summer:

**August 13:** Keith and Joanne Campbell's (425-8552—bring your swimsuits!)

**August 27:** Scott and Mercy Dawson's (265-0757—bring your swimsuits!)

Call the host family by Wednesday of each week to RSVP, to find out what you can bring, and to get directions.

FNA will return to it's normal schedule on **September 10**, when we will begin our discipleship "School of Leaders" program.



## MEN'S RETREAT REGISTRATION FORM

Friday, September 24 through Sunday, September 26  
 Mount Saint Alphonsus Retreat Center  
 Esopus, NY

Registration begins at 3:00PM, Friday Sept. 24

Cost: \$110.00, due to Dave DuMont .

Includes sandwich and salad buffet Friday evening from 6:00 to 8:00, and all meals through Sunday lunch.

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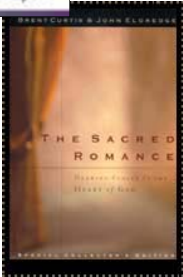
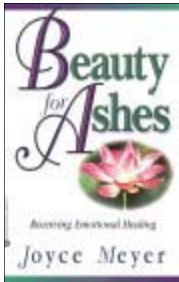
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PLEASE RETURN PAYMENT ALONG WITH THIS FORM TO DAVID DUMONT

## STUDY GROUPS



The men and women of TCC meet weekly for fellowship, support, and learning.

Study groups are a great place to bring friends you think could benefit from time spent with brothers and sisters in Christ outside a church setting.

### Men's Group

The Men's Group meets Saturday mornings at 7:00, at the Bagel Bin Café in Brighton.

The book currently being studied is "The Sacred Romance: Drawing Closer to the Heart of God" by Brent Curtis and John Eldredge. The book addresses the problem of our hungry hearts; we try to fill our intense longing with things of the world, when the answer lies instead with God. The authors help us understand that abandoning ourselves to this truth results in a life of abundance and awe.

### Women's Group

The Women's Group meets Sunday evenings at 7:00, at the Penfield Wegman's Café (upstairs).

The book they are currently working through is "Beauty for Ashes" by Joyce Meyer. The book deals with how God can heal the abused and broken-hearted, why we have a responsibility to grow beyond the hurts we receive, and how to find inner peace despite our brokenness.

## APOLOGETICS CORNER

"Protestants don't see why Catholics who come to disagree with essential teachings of the Church don't just leave. The answer is symbolized by the sanctuary lamp. They do not leave the Church because they know that the sacramental fire burns there on the ecclesiastical hearth. Even if they do not see by its light, they want to be warmed by its fire. The real presence of Christ in the Eucharist is a magnet drawing lost sheep home and keeping would-be strays from the deathly

snows outside. The Church's biggest drawing card is not what she teaches, crucial as that is, but who is there.

"He is here! Therefore I must be here."

Peter Kreeft is a master apologist, who beautifully explains even the most difficult concepts.

Read the rest of Peter Kreeft's insightful article on the TCC website, under "Discipleship and Study Resources".

## The Sacraments by Peter Kreeft



## THE THREE SISTERS

from *This is the Day* by the Rev. Michael Harper

"UNITY BETWEEN THOSE THREE FORCES IN THE CHRISTIAN WORLD IS BOTH DESIRABLE AND POSSIBLE."

If you'd like to read an interesting story about unification of the three streams of Christianity, check out "This is the Day" by the Rev. Michael Harper.

The piece is a story about a man who meets three sisters, each one having a different view of the Christian walk, each one certain their view is right, and each one criticizing and bad-mouthing the beliefs

of the others.

The author concludes:

"Unity between these three forces in the Christian world is both desirable and possible. The things which unite us are both more numerous and more weighty than the things that divide us. The Holy Spirit is so obviously at work in all three worlds that only good can come from an

increasing unity, which need not be thought to compromise the essential convictions of those involved."

As members of the CEC, we work to develop unity within the universal church. "The Three Sisters" describes that goal in an entertaining way.

Read the full story on the TCC website, under "Discipleship and Study Resources".

## AUGUST 2004

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 8:30AM Service 7:00PM Women's Group <b>Kingdom Bound!</b>	<b>2</b> <b>Kingdom Bound!</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b> <b>Youth Weekend!</b>	<b>7</b> <b>Youth Weekend!</b> <b>!</b>
<b>8</b> 8:30AM Service 7:00PM Women's Group <b>Youth Weekend!</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> 6:00PM FNA (Campbell's home)	<b>14</b> 7:00AM Men's Group
<b>15</b> 8:30AM Service 7:00PM Women's Group <b>Assumption Day</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b> 7:00AM Men's Group
<b>22</b> 8:30AM Service 7:00PM Women's Group	<b>23</b>	<b>24</b>	<b>25</b> Norm & Barbara Ann Savage's 50th Bday Party, call 426- 1532	<b>26</b>	<b>27</b> 6:00PM FNA (Dawson's home)	<b>28</b> 7:00AM Men's Group
<b>29</b> 8:30AM Service and Parents Meeting 7:00PM Women's Group	<b>30</b>	<b>31</b>				

## SEPTEMBER 2004

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b> 8:30AM Service 7:00PM Women's Group	<b>6</b> <b>Labor Day</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b> 6:00PM FNA Resumes (School of Leaders Begins) 6:00PM Tween Group	<b>11</b> 7:00AM Men's Group 9:30AM Sarah Tho- mas' Bday Party
<b>12</b> 8:30AM Service 7:00PM Women's Group	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b> 7:00AM Communion Service	<b>17</b> 6:00PM FNA 6:00PM Tween Group	<b>18</b> 7:00AM Men's Group
<b>19</b> 8:30AM Service 7:00PM Women's Group	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b> 7:00AM Communion Service	<b>24</b> 6:00PM FNA 6:00PM Tween Group <b>Men's Retreat</b>	<b>25</b> 7:00AM Men's Group <b>Men's Retreat</b>
<b>26</b> 8:30AM Service 7:00PM Women's Group <b>Men's Retreat</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> <b>Day of Prayer*</b> 7:00AM Communion 12:00 Communion 5:30 PM Communion		* Days of Prayer run from 7AM to 7PM

**TRINITY COMMUNION CHURCH**  
*Unifying Christ's Church Around His Table*

Harold Coleman Memorial Chapel  
75 Fairport Road  
East Rochester, NY 14445

Phone: 585-750-4483  
Fax: 585-454-4210  
E-mail: [rdalg@rochester.rr.com](mailto:rdalg@rochester.rr.com)

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WE'RE ON THE WEB!

[WWW.TRINITYCOMMUNION.ORG](http://WWW.TRINITYCOMMUNION.ORG)

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## HOW TO FIND US



From 490 Eastbound:

Exit at Exit 25 (Route 31F, Fairport)

Take the left fork off of the cloverleaf and turn left (Westbound) onto 31F.

Take the first left off of 31F, less than ¼ mile down the road, into the St. John Fisher Golf Course area.

Take the first left after that and follow the signage to Harold Coleman Memorial Chapel.

Trinity Communion Church  
Harold Coleman Memorial Chapel  
75 Fairport Road  
East Rochester, NY 14445

